

## Cool Things to do Outdoors this BC Day

**Vancouver, B.C., July 27, 2009** - Take to the road, and experience British Columbia this BC Day weekend with amazing things to do and at great prices.

### **Go for the Music and Stay for the Adventure with Grizfest Music Festival, Aug. 1-2**

GRIZFEST delivers music from traditional to the edge of experimental. Focusing on Canadian talent, the festival is a blend of various musical styles from Aaron Pritchett to Kym Simon, State of Shock to Honeymoon Suite, Default to Prism. Now entering its eighth year, GRIZFEST is always held on the August long weekend. It is family-oriented event with a variety of activities to enjoy. Imagine sitting in an unsurpassed beautiful mountain setting, great music playing and a community who is committed to the success of the festival. And did we mention Tumbler Ridge is the Waterfall Capital of Northern Canada, has 38 amazing hiking trails and lots of dinosaur tracks to follow. Visit [www.grizfest.com](http://www.grizfest.com) for more information or call, 250.242.4246 to purchase tickets. Tumbler Ridge is located in the heart of the Peace River Region about 125 km from mile zero of the Alaska Highway in Dawson Creek.

### **Discover Maple Ridge Weekends - There is always something going on! Cost: Free**

Each weekend the adventure begins in the heart of downtown Maple Ridge, where Memorial Peace Park plays host to a unique and happening event each and every weekend. The colourful Haney Farmers Market is brimming with farm fresh veggies, lots of baking and hand crafted items. Open Saturday from 9 - 2pm. This is great for the family and best of all, there is no cost to browse. Visit [www.mapleridgeweekends.com](http://www.mapleridgeweekends.com) for a calendar of events, **photo contest details**, maps, places to stay, other events around town and to see what is being said on the Twitter feed.

### **Go Camping and remember to take the Camera Cost: CDN \$15/night**

It is no wonder more people are setting up their tents this summer. It is easy on the wallet and fun to be outdoors in the glorious weather. And this year taking photos for the family album could amount to \$2000 in prizes. Camping & RV in BC's, 'Get Camping in B.C. Photo Contest' makes the journey have purpose. So budding shutterbugs, visit [www.campingrvbc.com](http://www.campingrvbc.com) to find out how to participate. And very soon you will be others have done when the pictures are posted on-line in preparation for voting October 5<sup>th</sup> and winners announced by Dec. 14<sup>th</sup>. There are different categories, each of which one can win in, plus be a grand prize winner. Remember, be creative, think quality and capture the theme. So grab the family or friends and go camping. Don't know where you're going? There is also a Google map on the home page to help one select and book a camping spot today.

### **Wake up and enjoy ACCENT Inns Cost: From CDN \$139/night and one night free**

Why wake up at home, when you can vacation close to home by taking advantage of a 'Stay Special' deal from Accent Inns. The BC owned and operated property is offering this "Stay Special" rate for guests that are looking for a four night vacation. Book three nights at the Victoria or Kelowna Accent Inn locations and receive a fourth night on the house. For more information please visit [www.accentinns.com](http://www.accentinns.com) or call 1-800-663-0298 and ask for the "Stay Special" rate.

### **Surf's Up at Long Beach Lodge Cost: Room plus CDN \$169**

You can brag to your friends that you finally took the plunge in style. Long Beach Lodge Resort, located near Tofino, is known world-wide for its quality beach break at Cox Beach. This summer they have launched, "The Surf Club at Long Beach Lodge Resort" to help their guests make the most of the experience. They offer individual, customized surf instruction including all the equipment required. Shy? The private lessons are 2.5 hours during which the guest can individualize the session - they determine the pace, level of instruction and the number of people who join (max of 5) with no additional cost except for the rentals. Exclusive to hotel

guests, the cost is \$169 for 2.5 hours and \$29 per person for equipment rental (board, wetsuit and booties). For more information, email [surf@longbeachlodgeresort.com](mailto:surf@longbeachlodgeresort.com). In the meantime, take a look at the great surf at [www.tofinosurfcam.com](http://www.tofinosurfcam.com)

**Get Closer to Nature with BC Ferries' Northern Packages Cost: From CDN \$881**

Taking a holiday in Northern BC is all about getting off the beaten track and on the right track to experience the beauty of the vast wilderness and scenery. BC Ferries is now offering Northern Packages which vary in price and activities including a four-day, three-night Prince Rupert Salmon & Halibut Ocean Fishing trip and a nine-day and eight-night West Coast Wilderness Self Drive and Cruise option. The Northern Packages rates start from only CDN \$881 per person and, of course, all the packages include ferry travel in BC's beautiful northern region. For more information and to see all available Northern Packages please visit [http://www.bcferries.com/promotions/northern\\_expedition/](http://www.bcferries.com/promotions/northern_expedition/)

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